

RULES FOR THE LSC BRITISH SCHOOLGIRLS' RACES

INTRODUCTION

The Ladies' Ski Club Limited has established the BSR Committee. The BSR Committee has responsibility for the organisation and administration of the British Schoolgirls' Races. The rules for the British Schoolgirls' Races are based on the Ski Competition Rules of the International Ski Federation and the British Competition Rules. The BSR Committee will consider annually whether Rules of the International Ski Federation or other rules should be included for particular competitions and will make appropriate recommendations for amendments to these rules to the Directors of the Ladies' Ski Club Limited. Any amendment to these rules can be made only by the Directors of the Ladies' Ski Club Limited.

DEFINITIONS AND ABBREVIATIONS

BASS	British Alpine Seeding System
BCR	British Competition Rules
Board	The Directors of the Ladies' Ski Club Limited
BSR	British Schoolgirls' Races
FIS	International Ski Federation
Force Majeure	Implies circumstances beyond the control of an individual or team and may be pleaded as an excuse, for example for non arrival at the start of a race on time.
Hors Concours (HC)	An individual or team not entitled by the rules to race but allowed to do so by the Race Organising Committee. HC entries may not win the normal prizes or trophies but special prizes may be set aside for them if the Race Organising Committee so decides.
ICR	International Ski Competition Rules
Jury	The body which governs the conduct of the BSR and arbitrates in any dispute over race rules and disqualifications.
ROC	Race Organising Committee
BSS	British Ski and Snowboard

Competitions, Entry and Race Staff

Races

1. The BSR will consist of a Giant Slalom, a Slalom and a Parallel Slalom. The technical details for each discipline, and those concerning racing in general, may be found in the International Competition Rules (ICR), copies of which may be obtained from British Ski and Snowboard (BSS,) or downloaded from www.fis-ski.com or gbski.com.
2. The ROC has the right to change the programme in the event of force majeure.

Eligibility

3. All girls of Under 14, Under 16, Under 18 and Under 21 category (based on year of birth) in accordance with the ICR who attend a UK based school on a full time basis are eligible to compete. Girls who spend time abroad during the winter term are also allowed to compete if they are enrolled in their UK school for the whole year.
British pupils (ie girls holding a current British passport) at a non-UK based school may also compete.
4. Team competitors of non-British nationality (ie not holding a British Passport) who are full time pupils at participating UK based schools are eligible to compete in such school team(s) and for the BSR team trophies and prizes.
5. Girls younger than the Under 14 category (in accordance with the ICR), are not permitted to take any part in the BSR nor to act as forerunners or Hors Concours participants. Forerunners may be nominated at the team captains' meeting.
6. Girls who have not been BASS or BARTS registered for the three years up to and including the year of the event will be eligible to compete for non-registered prizes.

Teams

7. Any three competitors attending the SAME school may be nominated to compete as a team, irrespective of age category.
 - a) A school may initially enter more than three girls to facilitate team trials but the Team Captains are responsible for ensuring that the Race Secretary is informed of the names of the nominated team members by 15.00 on Sunday, before the Team Captains meeting.
 - b) Each team for the Giant Slalom and Slalom must consist of the same competitors, but the running order may be changed for each discipline.
 - c) The parallel team may be made up of different competitors and include reserves provided that they were entered on the initial team form.
 - d) Reserves, previously nominated, will be allowed to replace a racer who has been injured during the event and has been declared 'unfit to race' by a doctor.
8. Entries will be accepted on a first come first served basis. Initially entries will be accepted from only one team per school. Subject to availability, entries from second school teams (B Teams) will be accepted after a certain date. This date will be given in the relevant race information sheet.

B teams will be accepted according to a priority list – Priority is given relative to the number of years a school has continuously supported the event.
9. The ROC has the right to restrict the number of teams in any race when either weather or snow conditions make such restrictions necessary. In such events 'A' teams will take priority over 'B' teams.
10. Due to high demand from Schools, entries from Clubs will no longer be accepted.

Registration

11. Each Team Captain/School Representative must register their final team at the Race Office by 15.00 on Sunday, the day before the first race of the BSR.

An Athlete's Declaration (which may be downloaded from www.britishschoolgirlsaces.co.uk) must be completed by any competitor who is not registered with BASS (British Alpine Seeding System) for snow or with BARTS for artificial. These forms must be submitted to the Race Office not later than 18.00 on Registration day.

The Draw

12. The draw will be held no later than 4pm on the day before the first race to determine the start order for the race. Each discipline will have a separate draw. The Organising Committee will make the draw electronically and announce the running order at the Team Captains meeting
 - a. Teams will be drawn in two separate groups, with each 'A' team drawn in the first group and 'B' teams drawn in the second group. Number 1 racers in the first group will run in team drawn order, they will be followed by number 2s and then number 3s in the same order. The 'B' group will then run in drawn order in the same manner, following the first group.
 - b. For the second run of both the Giant Slalom and the Slalom, the start order of racers within each group will be reversed i.e in the 'A' team group number 1 racers will reverse order, then number 2 racers will reverse order and finally number 3 racers will reverse order. The 'B' team group will reverse their order of run in the same way.
 - c. The parallel draw will be seeded on the result of the first run of the race immediately preceding it, usually the Giant Slalom.

Disqualifications

13. A list of disqualifications will be announced and posted in the finish area by the Jury after each run of a race. Protests against disqualification must be lodged, in accordance with the ICR, within 15 minutes of the posting time. The Jury's decision is final.

Insurance

14. All competitors and forerunners must have adequate insurance covering ski racing. The responsibility for insuring each competitor rests with the competitor or their legal guardian.
15. Personal Liability is the responsibility of the competitor. The organisers must take out Liability Insurance for all members of the Race Organising Committee.

Safety

16. Ski brakes are compulsory throughout the BSR and sunglasses are specifically forbidden whilst racing.
17. Under FIS and ICR rules it is mandatory for all competitors and forerunners to wear a helmet in all events including the parallel slalom. Course inspection is included as it is an integral part of the race. **Helmets must conform to alpine competition standards. Giant Slalom helmets can be worn for Slalom, but Slalom helmets are not allowed in Giant Slalom.**

Helmets with stickers or cameral mounts will not be allowed

Up to date rules concerning helmets can be found on the BSR website and these will be strictly enforced.

Competitors must wear ski clothes or cat suits suitable for ski racing. Racing in leggings or non-regulation cat suits is dangerous and will not be allowed.

Calculation of Results

- 18 Individual results: Individual results will be calculated from the competitor's race points. In the event that two or more competitors finish in exactly the same time, the competitor with the higher start number will be listed first on the results sheet.
19. Team results: Team results will be calculated by totalling the race points of the best two individual results of the three team members.
20. Combination results: Combination results will be calculated by combining race points from both the Giant Slalom and the Slalom. The team/individual with the least points total from both races is the winner. In the event of a tie the team/individual with the least points in the Giant Slalom will be deemed the winner.

Race Organising Committee and Officials

21. The BSR Committee will appoint the ROC to run the races at the venue agreed by the BSR Committee each year. The members of the ROC shall be appointed at times appropriate for the efficient conduct of the BSR.
22. The BSR committee will include:
 - a) Chief of Championships
 - b) Chief of Race
 - c) Child Protection Officer
 - d) President of LSC
 - e) A Treasurer
 - f) Sponsorship co-ordinator
23. The ROC will include:
 - a) Chief of Championships
 - b) Chief(s) of Race
 - c) Race Secretary
24. The ROC will co-opt further persons as necessary for the running of the races, including Chief of Course, Chief Gate Judge and Chief of Timing & Calculations.
25. The duties of all members of the ROC are to be within the spirit of the FIS rules but at the discretion of the ROC.
- 26 Each team will be expected to provide at least one gatekeeper for the event.

The Jury

27. The Jury is to be constituted in accordance with the ICR as follows:
 - a) The Technical Delegate (appointed by the TD forum)
 - b) The Chief of Race
 - c) The Referee
28. The duties of all members of the Jury are to be within the spirit of the FIS rules 2015.

Trophies and Prizes

29. The trophies and prizes that are competed for annually are shown with the entry information.
30. Winners of individual and Team trophies are to ensure the safe return of the trophies, cleaned and appropriately engraved, to the Race Office before the Team Captains Meeting ie on Sunday before the first race.
31. In the event of loss or damage of a trophy the Chief of Championships or Race Secretary is to be informed at least one month before the event.

Prize Giving

32. The prize giving ceremony is an integral part of the Championships and as such, all competitors, and particularly prize winners, are expected to be present.

By entering a team the school has agreed to abide by this rule and non-compliance may compromise a future entry.