

BRITISH SCHOOLGIRLS' RACES FLAINE NEWSLETTER

JANUARY 2024

A HAPPY NEW YEAR TO YOU ALL!

PLEASE read this carefully and pass it on to any teachers and parents who are coming.

Good news is that we have had a good amount of snow and it is still snowing! The weather is due to get colder so please plan for that!

HELP NEEDED

Sadly this year we do not have our team doctor. We are looking for someone with medical or first aid training just to keep an eye on any accidents and recommend whether we should alert the piste safety patrol. If you have any parent with suitable experience accompanying your team please let me know.

IMPORTANT FORMS.

By now nearly everyone has sent in their 'Training and Ski Passes' form and also their 'Team details' form. If you haven't done so **PLEASE do this by Friday 12th January**. Also if you need to hire skis, or have yours serviced, please send your form to Sophie Simond. All forms are on the website www.britishschoolgirlsaces.co.uk under the ENTRY tab. For those hiring skis, as they are usually very similar it is a good idea to mark the skis by using black marker on sticky tape.

ESF TRAINING – For those taking ESF training on Saturday, please meet me outside the ESF in Flaine Forum by 9.30 at the latest, ready to ski. I will have your ski passes with me if they have not already been collected. For Sunday training please meet at 9am. The instructors will stagger times to bring the girls back for lunch so please make the arrangement with them. If required, the Instructors will give advice about choosing the team. Please DO NOT ask to join in with the training.

PASSES - Remember that the ski passes are FLAINE ONLY. Anyone wanting to ski the whole of the GRAND MASSIF area will have to buy a day pass. We pay a deposit for the passes so please return them at Prizegiving. Please note that passes must be carried while on the piste by racers and any one else needing access to the race piste including trainers and gate-keepers. Please remind the girls to put their pass in their catsuit (if they use one) when racing.

Next week I will send you a final list of SKI PASSES ordered, please check this carefully and let me know of any errors by 15th January.

ATHLETES DECLARATION (see Downloads under ENTRY on the website)

Every girl who is not a BASS or FIS Registered Racer must produce a signed Athletes Declaration before she will be allowed to race. These forms can either be emailed to me or handed in at the Welcome Desk during Registration.

TEAM ORDER FORM

This form will be in your Welcome packs and should be completed and submitted before 15.00 on Sunday. The team order can be different for Giant Slalom and Slalom. Reserves will be allowed to race in the parallel if they have been included on the 'Team Details' form. If the form is not received the racers will be put in the order of the team details form already submitted.

PHOTO OPT OUT FORM Please complete if you do not want the photo of your racer/s use

RULES

These can be found on our website www.britishschoolgirlsaces.co.uk Please read them very carefully as they should have all the information you require regarding the event. Firstly, **if time permits**, we will allow reserves to race after the main racers on Tuesday. The non-registered prizes will only be awarded to those who are not BASS, FIS or BARTS registered and have not come in the top 30. If you have any queries do not hesitate to contact me on bsr@ladiesskiclub.org

RACE OFFICE - REGISTRATION - WELCOME DESK - ***NEW LOCATION***

The Race Office will be in the White Horizon office on the Auditorium level. It is in the Pegase building, its nextdoor to the Intersport in Flaine Foret, you go in the main entrance of Pegase and you'll see the doors on your left.

If you are facing the auditorium turn left and walk 40m up the hill. The building is on the same side as the auditorium. Please come to collect your Official Envelope with instructions, your ski passes, t-shirts, Goody bags etc!

Opening Hours:

Friday 26th Jan 16.00-19.00

Saturday 27th January 8.00 – 12.00 and 15.00 – 19.00

Sunday 28th Jan 8.00-11.30 and 14.30-15.30

On Sunday the organisers will be in Apres Ski (previously Le Pret, under the Cable Car) from 12.00 until 2.30 to collect your team order sheets and answer any queries. There will be discount vouchers for use at Apres Ski with your ski passes. NB Team Captains Meeting at 17.30 in Auditorium

GATEKEEPERS

Every team must be willing to provide one gatekeeper (two if you have a B team! Three if you have a second B team!) Please bring full details of your gatekeepers to the Race Office. Please remind gatekeepers to study the 'how to be a gatekeeper' information, attached and on the website, so they can ask questions during their briefing on Sunday.

Gatekeepers will be provided with hot chocolate and biscuits during the races and also with a picnic lunch between the two runs.

MEETINGS AND RECEPTIONS

Sunday 29th – 17.30 Team Captains Meeting and Racers Briefing will be held in the Auditorium Flaine Foret

All racers, team captains and gatekeepers must attend. The 'draw' for the giant slalom and slalom start lists will be announced and gatekeepers will be briefed. This will be followed by a Reception in the Foyer

Tuesday 31st – 17.30 approx. Prize-Giving will be held in the Auditorium. This is an integral part of the event and all teams are expected to attend. Give yourselves plenty of time to get there!! This will be followed by a Drinks Reception kindly financed by an anonymous donor.

HELMETS

A reminder that competitors must wear a helmet during all races and course inspection. Hard shell helmets are mandatory for the Giant Slalom and no camera mounts etc. are allowed. Nothing must be worn under the helmets. Helmets must be well fitting and should not be passed from one racer to another.

CHILD PROTECTION POLICY

Please make sure you have read our CPP. You can download this from the website. Caroline Simmonds, our Child Protection Officer, should be the first point of contact and will be found in the Race Office.

NOTICES AND RESULTS

The results will be posted on the website www.britishschoolgirlsrace.co.uk as soon as they are available. Please follow the British Schoolgirls Races Twitter Feed @BSRaces or bsraces on Instagram, which will let you know when the results are published, plus any other important information regarding the event.

INSURANCE

Please make sure all racers/non racers have the correct insurance to cover training days, race days and also travel.

SPONSORS and Supporters

We are extremely grateful to all our supporters. To James Hallam for sponsoring the crossaints and hot chocolate and our kind supporters who provide the drinks for the drinks reception.

SPECIAL PRIZE

Again this year Sarah from Incline Sports is attending the event and is again offering a free race suit' or coaches coat prize to be specially designed by the winning girl and discounted suits for the rest of the team. If you wish to be considered for this prize please enter at the Welcome Desk. See the attached poster for details.

UNDER AGE DRINKING

There are very strict laws in France regarding under-age drinking.

All young people will be asked for 'proof of age' and those responsible **MUST** make sure that no one in their party under 18 attempts to buy a drink or is bought an alcoholic drink.

SKIING SAFELY

Please do not ski off-piste without a guide. Flaine has many pot-holes a few of which are unmarked and very dangerous if there is not a good covering of snow. The Committee of BSR cannot be held responsible for any accidents or injury.

TUESDAY EVENING AT CHALET BISSAC

Once again Chalet Bissac is opening especially for us on Tuesday evening. Dinner at Chalet Bissac, just up the slope from Flaine Foret, is a lovely way to end the event. This year there is a choice of menu either Beef Fondue or Cheese Fondue– please see the attached poster. Book directly with Sabrina, her email is leschaletsdumichet@wanadoo.fr

THE LADIES SKI CLUB

The British Schoolgirls' Races are run under the Ladies Ski Club. We have some LSC members (Ladies in pink) attending the event. We welcome all (female) teachers and parents to become members and also have introduced a category of Associate Membership for the girls.

A DRAFT PROGRAMME OF EVENTS IS ATTACHED

Shell Thomas-Quaile

Chief of Championships

05.01.24